



EQUIPMENT LIST

DAY 1

FAMILY HUDDLE: Bible, paper and markers

INSTRUCTIONAL BLOCK #1: 7 objects that represent each color of the rainbow (red sock, an orange, and other items with each rainbow color: yellow, green, blue, indigo and violet)

INSTRUCTIONAL BLOCK #2: deck of playing cards

DAY 2

FAMILY HUDDLE: Bible and objects for creating a variety of sounds (see examples under "Family Huddle")

INSTRUCTIONAL BLOCK #1: soft ball and any type of ball that can be tossed

INSTRUCTIONAL BLOCK #2: plastic cups or blocks (to stack), floor tape, timer; plastic cups, buckets or bowls to fill with water

OVERTIME: aluminum foil, permanent markers

DAY 3

FAMILY HUDDLE: plain paper or butcher paper, markers, tape

INSTRUCTIONAL BLOCK #1: timer, whistle (optional), various things around your house to build an obstacle course (see examples under "Instructional Block #1")

INSTRUCTIONAL BLOCK #2: soccer ball, cones or objects to dribble around, blindfold

OVERTIME: 8-10 buckets full of tennis balls or similar (whiffle balls, etc.)

DAY 4

FAMILY HUDDLE: coins

INSTRUCTIONAL BLOCK #1: empty bin, bin full of throwables (balls, beanbags, paper wads, etc.), colored or duct tape, paper and pen, chalk or whiteboard; cones, three or more keys hooked together, blindfolds, chair

INSTRUCTIONAL BLOCK #2: sidewalk chalk, timer

OVERTIME: index cards, markers